# Fact Sheet: Victimization of LGBTQ+ Populations

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# Victimization of LGBTQ+ Populations: The Facts

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## What is victimization of LGBTQ+ populations?

Victimization of LGBTQ+ populations is any violence committed against an individual who identifies as lesbian, gay, bisexual, transgender, queer, or other identities (e.g., non-gender conforming, asexual, and intersex) within these communities.

## Have you Heard?

- ♦ Approximately 14 million people identify as being apart of LGBTQ+ populations in the U.S.<sup>1</sup>
- Research suggests that lesbian, gay, or bisexual victimization has increased over time<sup>2</sup>
- Gay or bisexual men have higher rates of certain victimization (e.g., weapon assault and robbery) than lesbian, gay, or bisexual females<sup>2</sup>
- LGBTQ+ populations experience disproportionate rates of dating and sexual violence compared to non-LGBTQ+ populations<sup>3</sup>
- Lifetime prevalence of intimate partner violence (IPV) among LGBTQ+ populations is higher than the general population<sup>3</sup>
- Bisexual men and women experience the highest rates of IPV compared to other sexual orientations with 61% of bisexual women and 37% of bisexual men having experienced IPV in their lifetime<sup>3</sup>
- Approximately 20% of hate crime victims report sexual orientation as a motive from 2011 to 2015<sup>4</sup>
- In 2015, roughly 50% of transgender individuals reported being verbally and physically harassed/assaulted and denied equal treatment because of their identity<sup>5</sup>

## What are the Consequences?

Scholars note that LGBTQ+ populations experience psychological distress, such as depression, traumatic stress, and anxiety.<sup>6</sup> Individuals within these populations that experience IPV have reported negative outcomes, such as post-traumatic stress disorder, safety concerns, and injury.<sup>3</sup> LGBTQ+ populations experiences with formal support services are primarily negative with limited access to shelters and denial of services because of heteronormative practices.<sup>7-8</sup>

## **Barriers to Help-Seeking**

Research suggests factors that impact help-seeking among LGBTQ+ populations include stigmatization and outing. Stigmatization is one of the main factors that impact LGBTQ+ individuals as rejection from close friends and family because of one's gender identity or being unwelcomed at faith-based institutions contribute to the lack of helpseeking.<sup>9</sup> The stigma surrounding one's gender identity also influences reporting to police.<sup>10</sup> Additionally, not being 'out' is another barrier to help-seeking as perpetrators may threaten to expose LGBTQ+ populations to keep them silent.<sup>11</sup>

## How Can You Help LGTBQ+ Populations

- **believe and empower survivors**
- A Raise awareness

# Resources

#### 9-1-1

# <u>Texas</u>

- ◊ The Montrose Center—
- **Equality Texas—www.equalitytexas.org**

www.montrosecenter.org-713-529-0037

- 512-474-5475
- Gay and Lesbian Alliance of North Texas—
  www.galanorthtexas.org
- Resource Center—www.myresourcecenter.org— 214-521-5124

# **National**

- The Trevor Project—www.thetrevorproject.org— 212-695-8650
- **It Gets Better Project—www.itgetsbetter.org**
- **National Suicide Hotline 800-273-8255**

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# **Resources**

•Texas Abuse Hotline (suspicions of	
abuse, neglect, and exploitation of	
children, adults with disabilities,	https://www.txabusehotline.org/Login/
or people 65 years or older)	800-252-5400
•Texas Council on Family Violence	https://tcfv.org/survivor-resources/
•Texas Association Against	
Sexual Assault	https://taasa.org/get-help/
Sexual Assault •National Domestic Violence Hotline	https://taasa.org/get-help/ 800-799-7233
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•National Domestic Violence Hotline •National Sexual Assault Hotline	800-799-7233 800-656-4673

